

## REVISION GUIDE

# Mechanics Formula Sheet

A fuller mechanics sheet covering force, work, power, momentum, and energy with unit discipline and interpretation reminders.

**QUICK OVERVIEW**

**Category: physics**

Includes 3 related guide pages.

Links back to 9 calculator tools.

**FORMULA HIGHLIGHTS**

Force

$$\mathbf{F = m \times a}$$

Momentum

$$\mathbf{p = m \times v}$$

**MECHANICS MAP**

Use this pack as a quick way to keep the main mechanics quantities connected: force changes motion, work transfers energy, power describes rate, and momentum and energy capture different aspects of motion.

**FORMULA HIGHLIGHTS**

- Force:  $F = ma$
- Work:  $W = Fd$  (for aligned force and displacement in simple cases)
- Power:  $P = W / t$
- Momentum:  $p = mv$
- Kinetic energy:  $KE = 0.5mv^2$
- Potential energy:  $PE = mgh$

**UNIT REMINDERS**

- Force -> newtons
- Work and energy -> joules
- Power -> watts
- Momentum -> kg m/s

**WORKED EXAMPLES**

500 J of work in 10 s corresponds to 50 W average power.

Doubling speed quadruples kinetic energy for the same mass.

### **QUICK INTERPRETATION CHECKS**

- Ask whether the quantity describes amount or rate.
- Check whether the unit matches the physical meaning.
- Use proportional reasoning before trusting exact arithmetic.